

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

**September cont'd** **30**

- 7:00 Breakfast 7am-9am [DR]
- 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L]
- 9:00 Depart for Peoples Church [L]
- 9:10 Depart for College Community Church Mennonite Brethren [L]
- 9:15 Catholic Church Service [LR]
- 9:15 Pokeno [LB]
- 9:55 Depart for Westminster Presbyterian Church [L]
- 10:30 Protestant Church Service [LR]
- 11:00 Lunch 11am-1pm [DR]
- 12:45 Special Outing: The Mariposa Grove of Giant Sequoias [L]
- 1:00 Jig Saw Puzzle [GR]
- 2:00 Canasta [LB]
- 3:00 Scrabble [MR]
- 3:30 Chair Yoga (AL) [FC]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**The Windham Senior Living**

**Location Keys**

- Computer Room CR
- Court Yard CY
- Dining Room DR
- Fitness Center FC
- Fountain Area FA
- Game Room GR
- Library LB
- Living Room LR
- Lobby L
- Media Room MR
- The Studio TS

**Activity Keys**

- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

**31**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Chair Yoga (AL) [FC]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Broccoli For The Brain Answers (AL) [MR]
- 1:00 Dorothy Loyds Celebration of Life with Sheridan Loyd and his family from 1pm till 5pm, as well as the Ed Hull Band from 2pm till 4pm (Residents are Invited)
- 2:00 Book Club Meeting [CR]
- 2:00 Canasta [LB]
- 2:00 Wii Games (AL) (Cancelled) [LR]
- 3:00 Ping Pong (AL) [GR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**2**

- 7:00 Breakfast 7am-9am [DR]
- 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L]
- 9:00 Depart for Peoples Church [L]
- 9:10 Depart for College Community Church Mennonite Brethren [L]
- 9:15 Catholic Church Service [LR]
- 9:15 Pokeno [LB]
- 9:55 Depart for Westminster Presbyterian Church [L]
- 10:30 Protestant Church Service [LR]
- 11:00 Lunch 11am-1pm [DR]
- 12:45 Special Outing: Depart for Golden Chain Theatre "Oklahoma" \$17.00 per person [L]
- 1:00 Jig Saw Puzzle [GR]
- 2:00 Canasta [LB]
- 2:00 Janice Stevens Book Review on "Stories of Service: Valley Veterans Remember WWII" [L]
- 3:00 Scrabble [MR]
- 3:30 Chair Yoga (AL) [FC]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**3**

**Labor Day**  
Medical Transportation 8:30am-12:30pm 1:00pm-3:30pm

- 7:00 Breakfast 7am-9am [DR]
- 9:00 Men's Fellowship
- 9:30 Star Fitness [FC]
- 10:00 Food Forum [LR]
- 10:00 Hangman [LR]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Bananagrams [LR]
- 1:00 Knit Wits: Knitting with friends (AL) [CR]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Music Bingo [LR]
- 1:30 Water Aerobics
- 2:30 Around the World with Debora Lee Travelers Class [LR]
- 2:30 Pinochle Card Game [CR]
- 3:00 Nail Painting with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 4:30 Private Meeting in Session [LB]
- 6:00 Name that Tune with Shay [LR]

**4**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:00 "Bridge 101" A refresher class for Bridge players, taught by Ken Heald [FC]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for Willow & Nees Shopping, please arrive 15 minutes early. [L]
- 2:00 Phase 10 Card Game [LB]
- 3:00 Ping Pong [GR]
- 3:30 Water Aerobics with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Bingo Night [LR]
- 6:15 Mexican Train Dominoes [LB]
- 7:00 Movie Time: Pick a Movie [LR]

**5**

**Medical Transportation 8:30am-10:30am**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Star Fitness [FC]
- 10:00 Words of Life Bible Time [LB]
- 10:30 Computer and Cellphone Assistance
- 11:00 Lunch 11am-1pm [DR]
- 11:15 Lunch Outing: Depart for Papa's Place a New Orleans style bar and Grill in Old Town Clovis [L]
- 1:00 Blackjack (AL) [LB]
- 1:00 Bunco with our Windham Volunteer Morgan [LR]
- 2:00 Canasta [LB]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 3:45 Broccoli for the Brain [L]
- 4:00 Dinner 4pm-6:30pm [DR]
- 4:00 Recycle Time: place your recycling outside your doors
- 5:30 Community Prayer with Shay [TS]
- 6:30 Marian's Library Assistance Q&A [LB]
- 7:00 Movie Time [LR]

**6**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for Walmart Shopping, please arrive 15 minutes early. [L]
- 3:00 Happy Hour with the Bob Nichols Band (IL & AL) [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Seated Fitness Class with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**7**

**Medical Transportation 8:30am-12:30pm**  
Popcorn Blouse Day! if you have a popcorn blouse wear it today

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Bible Study (AL) [LB]
- 9:30 Star Fitness [FC]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Bingo [LR]
- 2:00 Canasta [LB]
- 2:00 Depart To Herndon And Cedar Shopping, Please Arrive 15 Minutes Early [L]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:30 Grandparents Day Celebration! All residents are invited to join us for dessert and special performances by talented kids from our community. [FA]
- 7:00 Movie Time: Pick a Movie [LR]

**8**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Chair Yoga (AL) [FC]
- 10:30 Wii Bowling (AL) [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Broccoli For The Brain Answers (AL) [MR]
- 1:00 Retired Army Captain Vic Weatherly will be singing Country music live in the Living Room [LR]
- 2:00 Canasta [LB]
- 2:00 Wii Games (AL) [LR]
- 3:00 Ping Pong (AL) [GR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**9**

- 7:00 Breakfast 7am-9am [DR]
- 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L]
- 9:00 Depart for Peoples Church [L]
- 9:10 Depart for College Community Church Mennonite Brethren [L]
- 9:15 Catholic Church Service [LR]
- 9:15 Pokeno [LB]
- 9:55 Depart for Westminster Presbyterian Church [L]
- 10:30 Protestant Church Service [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Depart to Fashion Fair Mall [L]
- 1:00 Jig Saw Puzzle [GR]
- 2:00 Canasta [LB]
- 3:00 Scrabble [MR]
- 3:30 Chair Yoga (AL) [FC]
- 3:45 Mennonite Youth Choir [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**10**

**Medical Transportation 8:30am-12:30pm** 1:00pm-3:30pm

- 7:00 Breakfast 7am-9am [DR]
- 9:00 Men's Fellowship [LB]
- 9:30 Star Fitness [FC]
- 10:00 Hangman [LR]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Bananagrams [LR]
- 1:00 Knit Wits: Knitting with friends (AL) [CR]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Scattergories [LR]
- 1:30 Water Aerobics
- 2:30 Around the World with Debora Lee Travelers Class [LR]
- 2:30 Pinochle Card Game [CR]
- 3:00 Nail Painting with Shay [TS]
- 3:00 Trips and Tours Activity Forum [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 4:30 Private Meeting in Session [LB]
- 6:00 Name that Tune with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**11**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:00 "Bridge 101" A refresher class for Bridge players, taught by Ken Heald [FC]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:15 Landscaping Committee Meeting [MR]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for Willow & Nees Shopping, please arrive 15 minutes early. [L]
- 2:00 Phase 10 Card Game [LB]
- 3:00 9/11 Memorial Museum Slide Show [LR]
- 3:00 Ping Pong [GR]
- 3:30 Water Aerobics with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Bingo Night [LR]
- 6:15 Mexican Train Dominoes [LB]
- 7:00 9/11 Documentary Movie: <https://www.youtube.com/watch?v=Eq-R19SdvXE> [LR]

**12**

**Medical Transportation 8:30am-10:30am**

- 7:00 Breakfast 7am-9am [DR]
- 8:00 Huckleberry's (Southern breakfast and lunch food with a Californian twist) [L]
- 9:00 Pop Up Library by the Local Fresno Library [L]
- 9:30 Star Fitness [FC]
- 10:00 Words of Life Bible Time [LB]
- 10:30 Computer and Cellphone Assistance
- 11:00 Ed Gammons Birthday Party with live music by the Danny Millsap Band from 11:30am till 12:30pm. Everyone are invited from 11am till 1pm to help celebrate Ed Gammons Birthday!!! [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Blackjack (AL) [LB]
- 1:00 Bunco with our Windham Volunteer Morgan (Cancelled) [LR]
- 1:00 Special Outing: Depart for The Terraces at San Joaquin Gardens for a Wii Bowling Tournament (The Windham 2-1 VS San Joaquin Gardens 0-0) [L]
- 2:00 Canasta [LB]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 3:45 Broccoli for the Brain [L]
- 4:00 Dinner 4pm-6:30pm [DR]

**13**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for Walmart Shopping, please arrive 15 minutes early. [L]
- 3:00 Happy Hour with Danny Millsap [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Seated Fitness Class with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**14**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Bible Study (AL) [LB]
- 9:30 Star Fitness [FC]
- 10:30 Shuffleboard [CY]
- 11:00 Low Vision Luncheon [DR]
- 11:00 Lunch 11am-1pm [DR]
- 12:00 Low Vision Meeting [LR]
- 1:00 Bingo [LR]
- 2:00 Canasta [LB]
- 2:00 Depart To Herndon And Cedar Shopping, Please Arrive 15 Minutes Early [L]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Friday Night Fun with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**15**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Chair Yoga (AL) [FC]
- 10:30 Wii Bowling (AL) [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Broccoli For The Brain Answers (AL) [MR]
- 2:00 Canasta [LB]
- 2:00 Wii Games (AL) [LR]
- 3:00 All Nations Seventh Day Adventist Church: Music and Devotion [LR]
- 3:00 Ping Pong (AL) [GR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**16**

- 7:00 Breakfast 7am-9am [DR]
- 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L]
- 9:00 Depart for Peoples Church [L]
- 9:10 Depart for College Community Church Mennonite Brethren [L]
- 9:15 Catholic Church Service [LR]
- 9:15 Pokeno [LB]
- 9:55 Depart for Westminster Presbyterian Church [L]
- 10:30 Protestant Church Service [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Jig Saw Puzzle [GR]
- 1:00 Special Outing: Depart for 2nd Space "Steel Magnolia" \$17.00 for show only [L]
- 2:00 Canasta [LB]
- 3:00 Scrabble [MR]
- 3:30 Chair Yoga (AL) [FC]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**17**

**Medical Transportation 8:30am-12:30pm** 1:00pm-3:30pm

- 7:00 Breakfast 7am-9am [DR]
- 9:00 Men's Fellowship [LB]
- 9:30 Star Fitness [FC]
- 10:00 Hangman [LR]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Bananagrams [LR]
- 1:00 Knit Wits: Knitting with friends (AL) [CR]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Music Bingo [LR]
- 1:30 Water Aerobics
- 2:30 Around the World with Debora Lee Travelers Class [LR]
- 2:30 Pinochle Card Game [CR]
- 3:00 Nail Painting with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 4:00 Special Dinner Outing: Volunteer Appreciation Dinner (By Invite Only) We will depart at 4pm and be back home by 6pm. [L]
- 4:30 Private Meeting in Session [LB]
- 6:00 Name that Tune with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**18**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:00 "Bridge 101" A refresher class for Bridge players, taught by Ken Heald [FC]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for River Park & Villaggio [L]
- 2:00 Phase 10 Card Game [LB]
- 3:00 Ping Pong [GR]
- 3:00 This Is Your Life: Jean Cole [LR]
- 3:30 Water Aerobics with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Alzheimer's Educational Seminar: Presented by Alzheimer's Foundation of Central California Education Research [LR]
- 6:15 Mexican Train Dominoes [LB]
- 7:00 Movie Time: Pick a Movie [LR]

**19**

**Medical Transportation 8:30am-10:30am**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Star Fitness [FC]
- 10:00 Words of Life Bible Time [LB]
- 10:30 Computer and Cellphone Assistance
- 11:00 Lunch 11am-1pm [DR]
- 11:15 Lunch Outing: Triangle Drive Burger [L]
- 1:00 Blackjack (AL) [LB]
- 1:00 Bunco with our Windham Volunteer Morgan [LR]
- 2:00 Around The Clock ROOT BEER FLOATS With Sammy [L]
- 2:00 Canasta [LB]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 3:45 Broccoli for the Brain [L]
- 4:00 Dinner 4pm-6:30pm [DR]
- 4:00 Recycle Time: place your recycling outside your doors
- 5:30 Community Prayer with Shay [TS]
- 6:30 Educational Seminar with Registered Nurse Mariam on preventative health care [LR]
- 6:30 Marian's Library Assistance Q&A [LB]
- 7:00 Movie Time [LR]

**20**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:00 Fire Side Chat w/ Executive Director Patricia Gustin [LR]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for Fig Garden Shopping [L]
- 3:00 Happy Hour with Ed Hull and Friends [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Seated Fitness Class with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**21**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Bible Study (AL) [LB]
- 9:30 Star Fitness [FC]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Sue from League of Women Voters presents an education seminar on the 11 propositions and assistance in registering to vote from 1pm till 3pm [LR]
- 2:00 Canasta [CR]
- 2:00 Depart To Willow/Nees Shopping, Please Arrive 15 Minutes Early [L]
- 3:00 Opera Singer Chris Pucci "Phantom of the Opera" performance [CY]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Friday Night Fun with Shay [LR]
- 6:15 People's Church Live Performance [L]
- 7:00 Movie Time: Pick a Movie [LR]

**22**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Chair Yoga (AL) [FC]
- 10:30 Wii Bowling (AL) [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Broccoli For The Brain Answers (AL) [MR]
- 2:00 Canasta [LB]
- 2:00 Wii Games (AL) [LR]
- 3:00 Ping Pong (AL) [GR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**23**

- 7:00 Breakfast 7am-9am [DR]
- 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L]
- 9:00 Depart for Peoples Church [L]
- 9:10 Depart for College Community Church Mennonite Brethren [L]
- 9:15 Catholic Church Service [LR]
- 9:15 Pokeno [LB]
- 9:55 Depart for Westminster Presbyterian Church [L]
- 10:30 Protestant Church Service [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Depart to Fashion Fair Mall [L]
- 1:00 Jig Saw Puzzle [GR]
- 2:00 Canasta [LB]
- 3:00 Scrabble [MR]
- 3:30 Chair Yoga (AL) [FC]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]

**24**

**Medical Transportation 8:30am-12:30pm** 1:00pm-3:30pm

- 7:00 Breakfast 7am-9am [DR]
- 9:00 Men's Fellowship [LB]
- 9:30 Star Fitness [FC]
- 10:00 Hangman [LR]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Bananagrams [LR]
- 1:00 Knit Wits: Knitting with friends (AL) [CR]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Music Bingo [LR]
- 1:30 Scattergories [LR]
- 1:30 Water Aerobics
- 2:00 Special Medical Outing: Needle and Medication Drop Off [L]
- 2:00 Special Outing: Depart for Fire Station #13 to drop off used needles and medication (Please make sure that all items are stored in proper containers) [L]
- 2:30 Around the World with Debora Lee Travelers Class [LR]
- 2:30 Pinochle Card Game [CR]
- 3:00 Nail Painting with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]

**25**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:00 "Bridge 101" A refresher class for Bridge players, taught by Ken Heald [FC]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for River Park & Villaggio [L]
- 2:00 Phase 10 Card Game [LB]
- 2:30 All Resident Monthly Birthday Celebration featuring Paul Gaines County Band [L]
- 3:00 Ping Pong [GR]
- 3:30 Water Aerobics with Shay [TS]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Bingo Night [LR]
- 6:15 Mexican Train Dominoes [LB]
- 7:00 Movie Time: Pick a Movie [LR]

**26**

**Medical Transportation 8:30am-10:30am**

- 7:00 Breakfast 7am-9am [DR]
- 7:45 Special Outing: Depart for River Park Seniors Club: "Live Well & Stay Active" Join us on a walk and free coffee we will return to the Windham by 9:30am [L]
- 9:30 Star Fitness [FC]
- 10:00 Words of Life Bible Time [LB]
- 10:30 Computer and Cellphone Assistance
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Blackjack (AL) [LB]
- 1:00 Bunco with our Windham Volunteer Morgan [LR]
- 1:00 Special Outing: Depart for Forestreire Underground Gardens [L]
- 2:00 Alzheimer's Educational Seminar: Presented by Alzheimer's Foundation of Central California Education Research and Care Marie Espinola Executive Director [GR]
- 2:00 Canasta [LB]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 3:45 Broccoli for the Brain [L]
- 4:00 Dinner 4pm-6:30pm [DR]
- 4:00 Recycle Time: place your recycling outside your doors
- 5:30 Community Prayer with Shay [TS]

**27**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Thera Band Exercise [FC]
- 10:00 New Resident Orientation [LR]
- 10:30 Nintendo Wii Bowling [LR]
- 11:00 Lunch 11am-1pm [DR]
- 11:30 New Resident Luncheon [DR]
- 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]
- 1:15 Bridge from 1:15pm-3:30pm [LB]
- 1:30 Bingo (AL) [DR]
- 2:00 Depart for Fig Garden Shopping [L]
- 3:00 Happy Hour With The Wildcat Jazz Trio [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Seated Fitness Class with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**28**

**Medical Transportation 8:30am-12:30pm**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Bible Study (AL) [LB]
- 9:30 Star Fitness [FC]
- 10:30 Shuffleboard [CY]
- 11:00 Lunch 11am-1pm [DR]
- 2:00 Canasta [LB]
- 2:00 Depart To Willow/Nees Shopping, Please Arrive 15 Minutes Early [L]
- 3:00 Depart for Blackstone/El Paso Shopping at Sprouts Ross BedBath and Beyond. Please arrive 15 minutes early. [L]
- 3:00 Acrylic Canvas Painting (AL) [LR]
- 3:00 All Resident Association Meeting [LR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Friday Night Fun with Shay [LR]
- 7:00 Movie Time: Pick a Movie [LR]

**29**

- 7:00 Breakfast 7am-9am [DR]
- 9:30 Chair Yoga (AL) [FC]
- 10:30 Wii Bowling (AL) [LR]
- 11:00 Lunch 11am-1pm [DR]
- 1:00 Broccoli For The Brain Answers (AL) [MR]
- 2:00 Canasta [LB]
- 2:00 Wii Games (AL) [LR]
- 3:00 Ping Pong (AL) [GR]
- 4:00 Dinner 4pm-6:30pm [DR]
- 6:00 Movie Time: Pick a Movie [LR]
- 6:30 Dr. McCollum Piano Performance [LR]