

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



<p>7</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:15 Depart for Good Shepard Lutheran Church on N. Fruit Avenue (DROP OFF ONLY) [L]</p> <p>8:15 Depart for Peace Lutheran Church (Drop off only) [L]</p> <p>8:15 Depart for River Park Bible Church (Be outside of Church for pick up by 12:00pm) [L]</p> <p>8:15 Depart for Woodward Park Church of Christ(Be outside of Church for pick up by 10:25am) [L]</p> <p>9:00 Depart for Holy Spirit Catholic Church. Church starts at 10:00am(Be outside of Church for pick up by 11:00am) [L]</p> <p>9:00 Depart for Peoples Church(Be outside of Church for pick up by 10:30am) [L]</p> <p>9:10 Depart for College Community Church Mennonite Brethren (DROP OFF ONLY) [L]</p> <p>9:15 Catholic Church Service [LR]</p> <p>9:15 Pokeno [LB]</p> <p>9:55 Depart for Westminster Presbyterian Church(Be outside of Church for pick up by 11:40am) [L]</p> <p>10:30 Protestant Church Service [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>12:45 Special Outing: Depart for Project Survival Cat Haven [L]</p> <p>1:00 Jia Saw Puzzle [GR]</p>	<p>8</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:00 Men's Fellowship [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Hangman [LR]</p> <p>10:30 Shuffleboard [CV]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Bananagrams [LR]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Scattergories [LR]</p> <p>2:00 Pinochle Card Game [TS]</p> <p>2:00 Water Aerobics with Erik</p> <p>2:30 Around the World with Debora Lee Travelers Class [LR]</p> <p>2:30 Mending Clean Clothes with Marlene White (Drop Offs Mondays at 2:30pm in the Studio) [CR]</p> <p>3:00 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>5:30 Private Meeting in Session [LB]</p> <p>6:00 40's & 50's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the past. [LR]</p>	<p>9</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Thera Band Exercise [FC]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:30 Bingo (AL) [DR]</p> <p>1:30 Movie Time: T.V. Show "Heartland" season 1, episode 2 [LR]</p> <p>2:00 Depart for Walmart Shopping, Please Arrive 15 minutes early [L]</p> <p>2:00 Phase 10 Card Game [LB]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>3:00 Marie Espinola Executive Director of the Alzheimer's Foundation of Central California will be conducting an educational seminar on "Dementia, How people can Build Relationships with One Another by Receiving and Giving Verbal and Non-Verbal Communication". [LR]</p> <p>3:30 Water Aerobics with Shay</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 Bingo Night [LR]</p> <p>6:15 Mexican Train Dominoes [LB]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>10</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:30 Windham Walking Group (Enjoy a walk around the community) [L]</p> <p>9:00 Pop Up Library by the Local Fresno Library [L]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>9:30 Special Outing: Depart for Bravo Land Shoppe [L]</p> <p>10:00 Words of Life Bible Time (CANCELLED TILL THE FIRST WEEK OF AUGUST) [LB]</p> <p>10:30 Shuffleboard [CV]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 ARIA ARTS PROGRAM: Knit Wits: Knitting with friends (AL) [CR]</p> <p>1:00 Blackjack (AL) [LB]</p> <p>2:00 Canasta [LB]</p> <p>2:30 Recycle Time: place your recycling outside your doors</p> <p>2:45 Computer and Cellphone Assistance [CR]</p> <p>3:00 ARIA ARTS PROGRAM: Acrylic Canvas Painting (AL) [LR]</p> <p>3:10 Nail Painting with Shay [TS]</p> <p>3:30 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>3:45 Broccoli for the Brain [L]</p>	<p>11</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>7:45 Depart for Windham Community Fun Walk at Woodward Park along the river way on a smooth wide path(Fun/all levels walking group/wheel chair group) Please sign up in the Red Binder to go. [L]</p> <p>9:30 IN-TUNE FITNESS: Thera Band Exercise [FC]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Bingo (AL) [DR]</p> <p>3:00 BACKSTAGE AT CADENCE: Happy Hour with Danny Millsap [LR]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 IN-TUNE FITNESS: Seated Fitness Class with Shay [LR]</p> <p>7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>12</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 Bible Study (AL) [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:30 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>11:00 Low Vision Luncheon [DR]</p> <p>11:00 Low Vision Meeting [LR]</p> <p>1:00 Bingo [LR]</p> <p>1:00 Bingo [FC]</p> <p>2:00 Canasta [LB]</p> <p>2:00 Color Me Calm: A relaxation coloring group [L]</p> <p>Depart To Riverpark and Villaggio Shopping Center for Target, Ross, Sprouts, and more. Please Arrive 15 Minutes Early [L]</p> <p>3:00 ARIA ARTS PROGRAM: Acrylic Canvas Painting (AL) [LR]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 Friday Night Fun with Shay [LR]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>13</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Chair Yoga (AL) [FC]</p> <p>10:30 IN-TUNE FITNESS: Wii Bowling (AL) [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Broccoli For The Brain Answers (AL) [MR]</p> <p>1:30 IN-TUNE FITNESS: Wii Games (AL) [LR]</p> <p>2:00 Canasta [LB]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong (AL) [FC]</p> <p>3:00 Psalm 69:30 Praising the name in Song by Steve Dfalco [LR]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>14</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:15 Depart for Good Shepard Lutheran Church on N. Fruit Avenue (DROP OFF ONLY) [L]</p> <p>8:15 Depart for Peace Lutheran Church (Drop off only) [L]</p> <p>8:15 Depart for River Park Bible Church (Be outside of Church for pick up by 12:00pm) [L]</p> <p>8:15 Depart for Woodward Park Church of Christ(Be outside of Church for pick up by 10:25am) [L]</p> <p>9:00 Depart for Holy Spirit Catholic Church. Church starts at 10:00am(Be outside of Church for pick up by 11:00am) [L]</p> <p>9:00 Depart for Peoples Church(Be outside of Church for pick up by 10:30am) [L]</p> <p>9:10 Depart for College Community Church Mennonite Brethren (DROP OFF ONLY) [L]</p> <p>9:15 Catholic Church Service [LR]</p> <p>9:15 Pokeno [LB]</p> <p>9:55 Depart for Westminster Presbyterian Church(Be outside of Church for pick up by 11:40am) [L]</p> <p>10:30 Protestant Church Service [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Depart to Fashion Fair Mall [L]</p> <p>1:00 Jia Saw Puzzle [GR]</p>	<p>15</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:00 Men's Fellowship [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Hangman [LR]</p> <p>10:30 Shuffleboard [CV]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Bananagrams [LR]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Scattergories [LR]</p> <p>2:00 Pinochle Card Game [TS]</p> <p>2:00 Water Aerobics with Erik</p> <p>2:30 Around the World with Debora Lee Travelers Class [LR]</p> <p>2:30 Mending Clean Clothes with Marlene White (Drop Offs Mondays at 2:30pm in the Studio) [CR]</p> <p>3:00 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>5:30 Private Meeting in Session [LB]</p> <p>6:00 40's & 50's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the past. [LR]</p>	<p>16</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Thera Band Exercise [FC]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:30 Bingo (AL) [DR]</p> <p>1:30 Movie Time: T.V. Show "Heartland" season 1, episode 2 [LR]</p> <p>2:00 Depart for Fig Garden Shopping, please arrive 15 minutes early [L]</p> <p>2:00 Phase 10 Card Game [LB]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>3:00 Life Story: Stella Jauregui [LR]</p> <p>3:30 Water Aerobics with Shay</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 Alzheimer's Educational Seminar: Presented by Alzheimer's Foundation of Central California Education Research [LR]</p> <p>6:15 Mexican Train Dominoes [LB]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>17</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:30 Windham Walking Group (Enjoy a walk around the community) [L]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Words of Life Bible Time (CANCELLED TILL THE FIRST WEEK OF AUGUST) [LB]</p> <p>10:30 Shuffleboard [CV]</p> <p>10:45 Lunch Outing: Depart for Spike and Rail Steakhouse [L]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 ARIA ARTS PROGRAM: Knit Wits: Knitting with friends (AL) [CR]</p> <p>1:00 Blackjack (AL) [LB]</p> <p>2:00 Canasta [LB]</p> <p>2:30 Recycle Time: place your recycling outside your doors</p> <p>2:45 Computer and Cellphone Assistance [CR]</p> <p>3:00 ARIA ARTS PROGRAM: Acrylic Canvas Painting (AL) [LR]</p> <p>3:10 Nail Painting with Shay [TS]</p> <p>3:30 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>3:45 Broccoli for the Brain [L]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p>	<p>18</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>7:45 Depart for Windham Community Fun Walk at Woodward Park along the river way on a smooth wide path(Fun/all levels walking group/wheel chair group) Please sign up in the Red Binder to go. [L]</p> <p>9:30 IN-TUNE FITNESS: Thera Band Exercise [FC]</p> <p>10:00 Fire Side Chat with Executive Director Kelly [LR]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Bingo (AL) [DR]</p> <p>3:00 BACKSTAGE AT CADENCE: Happy Hour with James Gonzalez's 4 piece Big Band with music from the 30's, 40's, and 50's [LR]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 IN-TUNE FITNESS: Seated Fitness Class with Shay [LR]</p> <p>7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>19</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 Bible Study (AL) [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:30 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Jacoby Isaiah a 17 year old Classic Guitarist will be playing music from Haisaihi Job the Beetles and more. [LR]</p> <p>1:00 Texas Hold'em [LB]</p> <p>2:00 ARIA ARTS PROGRAM: Color Me Calm (A relaxation coloring group) [TS]</p> <p>2:00 Canasta [CR]</p> <p>2:00 Depart for Willow and Nees Shopping, Please arrive 15 minutes early. [L]</p> <p>3:00 ARIA ARTS PROGRAM: Acrylic Canvas Painting (AL) [LR]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 Friday Night Fun with Shay [LR]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>20</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Chair Yoga (AL) [FC]</p> <p>10:30 IN-TUNE FITNESS: Wii Bowling (AL) [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Broccoli For The Brain Answers (AL) [MR]</p> <p>1:30 IN-TUNE FITNESS: Wii Games (AL) [LR]</p> <p>2:00 Canasta [LB]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong (AL) [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>21</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:15 Depart for Good Shepard Lutheran Church on N. 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Church starts at 10:00am(Be outside of Church for pick up by 11:00am) [L]</p> <p>9:00 Depart for Peoples Church(Be outside of Church for pick up by 10:30am) [L]</p> <p>9:10 Depart for College Community Church Mennonite Brethren (DROP OFF ONLY) [L]</p> <p>9:15 Catholic Church Service [LR]</p> <p>9:15 Pokeno [LB]</p> <p>9:55 Depart for Westminster Presbyterian Church(Be outside of Church for pick up by 11:40am) [L]</p> <p>10:30 Protestant Church Service [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>12:15 Special Outing: Roger Rockas "Calamity" [L]</p> <p>1:00 Jia Saw Puzzle [GR]</p>	<p>22</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:00 Men's Fellowship [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Hangman [LR]</p> <p>10:30 Shuffleboard [CV]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Bananagrams [LR]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Music Bingo [LR]</p> <p>2:00 Pinochle Card Game [TS]</p> <p>2:00 Water Aerobics with Erik</p> <p>2:30 Around the World with Debora Lee Travelers Class [LR]</p> <p>2:30 Mending Clean Clothes with Marlene White (Drop Offs Mondays at 2:30pm in the Studio) [CR]</p> <p>3:30 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>5:30 Private Meeting in Session [LB]</p> <p>6:00 40's & 50's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the past. [LR]</p>	<p>23</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Thera Band Exercise [FC]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:30 Bingo (AL) [DR]</p> <p>1:30 Movie Time: T.V. Show "Heartland" season 1, episode 2 [LR]</p> <p>2:00 Depart for Herndon and Cedar Shopping, Please arrive 15 minutes early. [L]</p> <p>2:00 Phase 10 Card Game [LB]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>3:30 Water Aerobics with Shay</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 Bingo Night [LR]</p> <p>6:15 Mexican Train Dominoes [LB]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>24</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:30 Windham Walking Group (Enjoy a walk around the community) [L]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Words of Life Bible Time (CANCELLED TILL THE FIRST WEEK OF AUGUST) [LB]</p> <p>10:30 Shuffleboard [CV]</p> <p>10:30 Special Outing: Depart for Fresno Fairgrounds for a Memorabilia Tour and McDonald's afterwards [L]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 ARIA ARTS PROGRAM: Knit Wits: Knitting with friends (AL) [CR]</p> <p>1:00 Blackjack (AL) [LB]</p> <p>2:00 Canasta [LB]</p> <p>2:30 Recycle Time: place your recycling outside your doors</p> <p>2:45 Computer and Cellphone Assistance [CR]</p> <p>3:00 ARIA ARTS PROGRAM: Acrylic Canvas Painting (AL) [LR]</p> <p>3:10 Nail Painting with Shay [TS]</p> <p>3:30 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>3:45 Broccoli for the Brain [L]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p>	<p>25</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>7:45 Depart for Windham Community Fun Walk at Woodward Park along the river way on a smooth wide path(Fun/all levels walking group/wheel chair group) Please sign up in the Red Binder to go. [L]</p> <p>9:30 IN-TUNE FITNESS: Fitness Orientation [FC]</p> <p>9:45 New Resident Orientation [LR]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Bingo (AL) [DR]</p> <p>3:00 BACKSTAGE AT CADENCE: Happy Hour With The Wildcat Jazz Quartet [LR]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 IN-TUNE FITNESS: Seated Fitness Class with Shay [LR]</p> <p>7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>26</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 Bible Study (AL) [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:30 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Texas Hold'em [LB]</p> <p>2:00 ARIA ARTS PROGRAM: Color Me Calm (A relaxation coloring group) [TS]</p> <p>2:00 Canasta [LB]</p> <p>3:00 BACKSTAGE AT CADENCE: All Nations Seventh Day Adventist Church: Music and Devotion [LR]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong (AL) [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:15 (CANCELLED) BACKSTAGE AT CADENCE: Dr. McCollum Piano Performance [LR]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>27</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Chair Yoga (AL) [FC]</p> <p>10:30 IN-TUNE FITNESS: Wii Bowling (AL) [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Broccoli For The Brain Answers (AL) [MR]</p> <p>1:30 IN-TUNE FITNESS: Wii Games (AL) [LR]</p> <p>2:00 Canasta [LB]</p> <p>3:00 BACKSTAGE AT CADENCE: All Nations Seventh Day Adventist Church: Music and Devotion [LR]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong (AL) [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>
<p>28</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:15 Depart for Good Shepard Lutheran Church on N. Fruit Avenue (DROP OFF ONLY) [L]</p> <p>8:15 Depart for Peace Lutheran Church (Drop off only) [L]</p> <p>8:15 Depart for River Park Bible Church (Be outside of Church for pick up by 12:00pm) [L]</p> <p>8:15 Depart for Woodward Park Church of Christ(Be outside of Church for pick up by 10:25am) [L]</p> <p>9:00 Depart for Holy Spirit Catholic Church. Church starts at 10:00am(Be outside of Church for pick up by 11:00am) [L]</p> <p>9:00 Depart for Peoples Church(Be outside of Church for pick up by 10:30am) [L]</p> <p>9:10 Depart for College Community Church Mennonite Brethren (DROP OFF ONLY) [L]</p> <p>9:15 Catholic Church Service [LR]</p> <p>9:15 Pokeno [LB]</p> <p>9:55 Depart for Westminster Presbyterian Church(Be outside of Church for pick up by 11:40am) [L]</p> <p>10:30 Protestant Church Service [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Depart to Fashion Fair Mall [L]</p> <p>1:00 Jia Saw Puzzle [GR]</p>	<p>29</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:00 Men's Fellowship [LB]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Hangman [LR]</p> <p>10:30 Shuffleboard [CV]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 Bananagrams [LR]</p> <p>1:15 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 Scattergories [LR]</p> <p>2:00 Pinochle Card Game [TS]</p> <p>2:00 Special Outing: Depart for Fire Station #13 to drop off used needles and medication (Please make sure that all items are stored in proper containers) [L]</p> <p>2:00 Water Aerobics with Erik</p> <p>2:30 Around the World with Debora Lee Travelers Class [LR]</p> <p>2:30 Mending Clean Clothes with Marlene White (Drop Offs Mondays at 2:30pm in the Studio) [CR]</p> <p>3:30 IN-TUNE FITNESS: Country Line Dancing with Instructor Tammy Velasquez [FC]</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p>	<p>30</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>9:30 IN-TUNE FITNESS: Thera Band Exercise [FC]</p> <p>10:30 IN-TUNE FITNESS: Nintendo Wii Bowling [LR]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>1:00 IN-TUNE FITNESS: Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC]</p> <p>1:30 Bingo (AL) [DR]</p> <p>1:30 Movie Time: T.V. Show "Heartland" season 1, episode 2 [LR]</p> <p>2:00 Depart for Blackston and El Paso for Target, Ross, Sprouts, and more (Please arrive 15 minutes early) [L]</p> <p>2:00 Phase 10 Card Game [LB]</p> <p>2:30 All Resident Monthly Birthday Celebration</p> <p>2:30 All Resident Monthly Birthday Celebration Featuring Solo Guitarist Paul Gaines [L]</p> <p>3:00 IN-TUNE FITNESS: Ping Pong [FC]</p> <p>3:30 Water Aerobics with Shay</p> <p>4:00 Dinner 4pm-6:30pm [DR]</p> <p>6:00 Bingo Night [LR]</p> <p>6:15 Mexican Train Dominoes [LB]</p> <p>7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>31</p> <p>7:00 Breakfast 7am-9am [DR]</p> <p>8:30 Windham Walking Group (Enjoy a walk around the community) [L]</p> <p>9:30 IN-TUNE FITNESS: Star Fitness [FC]</p> <p>10:00 Words of Life Bible Time (CANCELLED TILL THE FIRST WEEK OF AUGUST) [LB]</p> <p>10:30 Shuffleboard [CV]</p> <p>11:00 Lunch 11am-1pm [DR]</p> <p>11:15 Lunch Outing: Depart for Pismo's Coastal Grill [L]</p> <p>1:00 ARIA ARTS PROGRAM: Knit Wits: Knitting with friends (AL) [CR]</p> <p>1:00 Blackjack (AL) [LB]</p> <p>2:00 Canasta [LB]</p> <p>2:30 Recycle Time: place your recycling outside your doors</p> <p>2:45 Computer and Cellphone Assistance [CR]</p> <p>3:00 Lifestyle Director Erik Wahlberg and Wife Elena Wahlberg's Baby Shower (NO PRESENTS ALLOWED) To Attend please sign up in the red binder. There is limited space for 28 residents. [LR]</p> <p>3:10 Nail Painting with Shay (CANCELLED DUE TO BABY SHOWER) [TS]</p>	<p>Active</p> <p>Community</p> <p>Creative</p> <p>Dimensional</p> <p>Environmental</p> <p>Expressive</p> <p>Nourishing</p>	<p>Location Keys</p> <p>Computer Room CR</p> <p>Court Yard CY</p> <p>Dining Room DR</p> <p>Fitness Center FC</p> <p>Game Room GR</p> <p>Library LB</p> <p>Living Room LR</p> <p>Lobby L</p> <p>Media Room MR</p> <p>The Studio TS</p>															