



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- Active
Community
Creative
Dimensional
Energy
Environmental
Nourishing

Table for Sunday activities: Breakfast 7am-9am, Depart for Peace Lutheran Church, Depart for River Park Bible Church, etc.

3

Table for Monday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

4

Table for Tuesday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

5

Table for Wednesday activities: Medical Transportation 8:30am-10:30am, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

6

Table for Thursday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

7

Table for Friday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

8

Table for Saturday activities: Groundhog Day, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

9

Table for Sunday activities: Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, Depart for Peace Lutheran Church, etc.

10

Table for Monday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

11

Table for Tuesday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

12

Table for Wednesday activities: Medical Transportation 8:30am-10:30am, Breakfast 7am-9am, Candy Gram Fundraiser Pick Up, etc.

13

Table for Thursday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser Pick Up, etc.

14

Table for Friday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Valentine's Day Candy Gram Fundraiser, etc.

15

Table for Saturday activities: Breakfast 7am-9am, IN-TUNE FITNESS: Chair Yoga, IN-TUNE FITNESS: Wii Bowling, etc.

16

Table for Sunday activities: Breakfast 7am-9am, Special Outing: Depart for Millerton Lake American Bald Eagle Boat Tour, Depart for Peace Lutheran Church, etc.

17

Table for Monday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Presidents' Day, etc.

18

Table for Tuesday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, IN-TUNE FITNESS: Thera Band Exercise, etc.

19

Table for Wednesday activities: Medical Transportation 8:30am-10:30am, Breakfast 7am-9am, IN-TUNE FITNESS: Windham Walking Group, etc.

20

Table for Thursday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, IN-TUNE FITNESS: Thera Band Exercise, etc.

21

Table for Friday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, Bible Study, etc.

22

Table for Saturday activities: Breakfast 7am-9am, IN-TUNE FITNESS: Chair Yoga, IN-TUNE FITNESS: Wii Bowling, etc.

23

Table for Sunday activities: Breakfast 7am-9am, Depart for Peace Lutheran Church, Depart for River Park Bible Church, etc.

24

Table for Monday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, IN-TUNE FITNESS: Windham Walking Group, etc.

25

Table for Tuesday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, IN-TUNE FITNESS: Thera Band Exercise, etc.

26

Table for Wednesday activities: Medical Transportation 8:30am-10:30am, Breakfast 7am-9am, IN-TUNE FITNESS: Windham Walking Group, etc.

27

Table for Thursday activities: Medical Transportation 8:30am-12:30pm, Breakfast 7am-9am, IN-TUNE FITNESS: Thera Band Exercise, etc.

28

Table for Friday activities: Location Keys: Computer Room, Dining Room, Fitness Center, Front Desk, Game Room, Library, Living Room, Lobby, Media Room, The Studio