

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- ➡ Active
- 👥 Community
- 🎮 Creative
- 💡 Dimensional
- ❤ Energy
- 🏠 Environmental
- ✝ Nourishing

<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>8:25 ⚡ Depart for Woodward Park Church of Christ and River Park Bible Church [L]</p> <p>8:25 ⚡ Depart to Peace Lutheran Church for drop off only [L]</p> <p>9:00 ⚡ Depart for Peoples Church [L]</p> <p>9:10 ⚡ Depart for College Community Church Mennonite Brethren [L]</p> <p>9:15 🌸 Catholic Church Service [LR]</p> <p>9:15 🎮 Pokeno [LB]</p> <p>9:55 ⚡ Depart for Westminster Presbyterian Church [L]</p> <p>10:30 ⚡ Protestant Church Service [LR]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>1:00 🎮 Jig Saw Puzzle [GR]</p> <p>1:00 ⚡ Special Outing: Depart for the Woodward Park Region Library [L]</p> <p>2:00 🎮 Canasta and Pinochle [LB]</p> <p>3:00 🎮 Scrabble [MR]</p> <p>3:30 ➡ Chair Yoga (AL) [FC]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>7:00 🎬 Movie Time: Vote in Person to Pick a Movie [LR]</p>	6	<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>7:00 ⚡ Medical Transportation 8:30am-12:30pm 1:00pm-3:30pm</p> <p>9:00 🎮 Men's Fellowship</p> <p>9:30 ➡ Star Fitness [FC]</p> <p>10:00 🎮 Food Forum [LR]</p> <p>10:00 🎮 Hangman [GR]</p> <p>10:30 ➡ Shuffleboard [CV]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>1:00 🎮 Bananagrams [LR]</p> <p>1:00 🎮 Knit Wits: Knitting with friends (AL) [CR]</p> <p>1:15 🎮 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 🎮 Music Bingo [LR]</p> <p>2:30 🎮 Around the World with Debora Lee Travelers Class [LR]</p> <p>2:30 🎮 Pinochle Card Game [CR]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>6:00 🎮 1940's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the 1940's. [LR]</p> <p>6:30 🎮 Private Meeting in Session [LB]</p> <p>7:00 🎬 Movie Time: Vote in person to Pick a Movie [LR]</p> <p>10:00 🎮 Bridge 101 with Ken Heald: Anyone interested in learning how to play or freshen up on bridge is welcome [TS]</p>	7	<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>7:00 ⚡ Medical Transportation 8:30am-12:30pm</p> <p>9:30 ➡ Thera Band Exercise [FC]</p> <p>10:30 ➡ Nintendo Wii Bowling [LR]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>1:00 🎮 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) (Cancelled till January 15th) [FC]</p> <p>1:30 🎮 Bingo (AL) [DR]</p> <p>2:00 ⚡ Depart for Willow & Nees Shopping, please arrive 15 minutes early. [L]</p> <p>2:00 🎮 Phase 10 Card Game [LB]</p> <p>3:00 🎮 Ping Pong [GR]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>6:00 🎮 Bingo Night [LR]</p> <p>6:15 🎮 Mexican Train Dominoes [LB]</p> <p>7:30 🎬 Movie Time: "God's Not Dead: A Light In Darkness" [LR]</p>	1	<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>9:30 ➡ Star Fitness [FC]</p> <p>10:00 🎮 Words of Life Bible Time [LB]</p> <p>10:30 🎮 Computer and Cellphone Assistance [CR]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>11:15 ⚡ Lunch Outing: Depart for Sourdough Inc. [L]</p> <p>1:00 🎮 Blackjack (AL) [LB]</p> <p>2:00 🎮 Canasta [LB]</p> <p>2:30 🎮 Recycle Time: place your recycling outside your doors</p> <p>3:00 🎮 Acrylic Canvas Painting (AL) [LR]</p> <p>3:00 🎮 Nail Painting with Shay [TS]</p> <p>3:45 🎮 Broccoli for the Brain [L]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>5:30 🎮 Community Prayer with Shay [TS]</p> <p>6:30 🎮 Book Social with Marian the Librarian [LB]</p> <p>7:00 🎬 Movie Time: "Samson" [LR]</p>	2	<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>9:30 ➡ Thera Band Exercise [FC]</p> <p>10:30 ➡ Nintendo Wii Bowling [LR]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>1:00 🎮 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) (Cancelled till January 15th) [FC]</p> <p>1:15 🎮 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 🎮 Bingo (AL) [DR]</p> <p>2:00 ⚡ Depart for Walmart Shopping, please arrive 15 minutes early. [L]</p> <p>3:00 ⚡ Happy Hour with the Bob Nichols Band (IL & AL) [LR]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>6:00 ➡ Seated Fitness Class with Shay [LR]</p> <p>7:00 🎬 Movie Time: "Message In A Bottle" [LR]</p>	3	<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>9:30 🎮 Bible Study (AL) [LB]</p> <p>9:30 ➡ Star Fitness [FC]</p> <p>10:30 ➡ Ping Pong [GR]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>1:00 🎮 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) (Cancelled till January 15th) [FC]</p> <p>1:15 🎮 Bridge from 1:15pm-3:30pm [LB]</p> <p>1:30 🎮 Bingo (AL) [DR]</p> <p>2:00 ⚡ Depart to Herndon And Cedar Shopping, Please Arrive 15 Minutes Early [L]</p> <p>3:00 🎮 Acrylic Canvas Painting (AL) [LR]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>6:00 ⚡ Friday Night Fun with Shay [LR]</p> <p>7:30 🎬 Movie Time: "The Great Raid" WWII Movie [LR]</p>	4	<p>7:00 ⚡ Breakfast 7am-9am [DR]</p> <p>9:30 🎮 Chair Yoga (AL) [FC]</p> <p>10:15 🎮 Muffins and Mimosas (AL) [LR]</p> <p>11:00 ➡ Lunch 11am-1pm [DR]</p> <p>1:00 🎮 Broccoli For The Brain Answers (AL) [MR]</p> <p>1:30 ➡ Wii Games (AL) [LR]</p> <p>2:00 🎮 Book Club Meeting [CR]</p> <p>2:00 🎮 Canasta [LB]</p> <p>3:00 ➡ Ping Pong (AL) [GR]</p> <p>4:00 ⚡ Dinner 4pm-6:30pm [DR]</p> <p>7:00 🎬 Movie Time: "Chocolat" [LR]</p>	5
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Location Keys	
Computer Room	CR
Court Yard	CY
Dining Room	DR
Fitness Center	FC
Game Room	GR
Library	LB
Living Room	LR
Lobby	L
Media Room	MR
The Studio	TS