

November 2018 Activity Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



- Active
- Community
- Creative
- Dimensional
- Energy
- Environmental
- Nourishing

<p>Daylight Saving Time Begins</p> <p>7:00 Breakfast 7am-9am [DR] 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L] 8:25 Depart to Peace Lutheran Church for drop off only [L] 9:00 Depart for Peoples Church [L] 9:00 Depart for Peoples Church [L] 9:10 Depart for College Community Church Mennonite Brethren [L] 9:15 Catholic Church Service [LR] 9:15 Catholic Church Service (Cancelled Due to Marathon) [LR] 9:15 Pokeno [LB] 9:55 Depart for Westminster Presbyterian Church [L] 10:30 Protestant Church Service [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Jig Saw Puzzle [GR] 1:00 Special Outing: Depart for Reedley's River City Theatre "Smoke Joe's Cafe" [L] 2:00 Canasta [LB] 3:00 Scrabble [MR] 3:30 Chair Yoga (AL) [FC] 4:00 Dinner 4pm-6:30pm [DR]</p>	<p>Medical Transportation 8:30am-12:30pm 1:00pm-3:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:00 Men's Fellowship 9:30 Star Fitness [FC] 10:00 Food Forum [LR] 10:00 Hangman [LR] 10:30 Shuffleboard [CY] 10:30 Lunch 11am-1pm [DR] 1:00 Bananagrams [LR] 1:00 Knit Wits: Knitting with friends (AL) [CR] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Music Bingo [FC] 2:30 Around the World with Debora Lee Travelers Class [LR] 2:30 Pinochle Card Game [CR] 3:00 Community Gardening with Shay [TS] 4:00 Dinner 4pm-6:30pm [DR] 6:00 1940's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the 1940's. [LR] 6:30 Private Meeting in Session [LB] 7:00 Movie Time: "Friday Night Lights" [LR]</p>	<p>Election Day</p> <p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 7:00 Statewide Primary and General Elections Voting Day: from 7:00am till 8:00pm [LR] 9:30 Thera Band Exercise [FC] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:30 Bingo (AL) [DR] 2:00 Depart for Willow & Nees Shopping, please arrive 15 minutes early. [L] 2:00 Phase 10 Card Game [LB] 3:00 Ping Pong [GR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Bingo Night [FC] 6:15 Mexican Train Dominoes [LB] 7:30 Movie Time: (Cancelled Due to Voting) [LR]</p>	<p>Medical Transportation 8:30am-10:30am</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Star Fitness [FC] 10:00 Words of Life Bible Time [LB] 10:00 Computer and Cellphone Assistance [CR] 11:00 Lunch 11am-1pm [DR] 11:15 Lunch Outing: Chili's South Western American Restaurant [L] 12:30 California Telephone Access Program and California State University, Fresno Dr. Roberts from the Speech and Audiology Department will be holding free hearing tests to determine if an individual qualifies for a free Telecommunication Phone from 12:30pm till 4:30pm in the Lobby [L] 1:00 Blackjack (AL) [LB] 2:00 Canasta [LB] 2:30 Recycle Time: place your recycling outside your doors 3:00 Acrylic Canvas Painting (AL) [LR] 3:00 Nail Painting with Shay [TS] 3:45 Broccoli for the Brain [L] 4:00 Dinner 4pm-6:30pm [DR] 5:30 Community Prayer with Shay [TS] 6:00 Daisy and Brownie Girl Scout Art Show! Please take the time out of your day to support Fresno's local district 2385 Girl Scout Council. The show will be held at the Fresno Convention Center. Tickets are \$5.00. Proceeds go to the local district. [L]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Bingo (AL) [DR] 2:00 Depart for Walmart Shopping, please arrive 15 minutes early. [L] 3:00 Happy Hour with Danny Millsap [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Seated Fitness Class with Shay [LR] 7:00 Movie Time: "The River Wild" [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 9:30 Bible Study (AL) [LB] 9:30 Star Fitness [FC] 10:30 Shuffleboard [CY] 1:00 Low Vision Luncheon [DR] 11:00 Lunch 11am-1pm [DR] 12:00 Low Vision Meeting [LR] 1:00 Bingo [LR] 2:00 Canasta [LB] 2:00 Color Me Calm: A relaxation coloring group [TS] 2:00 Depart to Herndon And Cedar Shopping, Please Arrive 15 Minutes Early [L] 3:00 Acrylic Canvas Painting (AL) [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Friday Night Fun with Shay [LR] 7:30 Movie Time: "Dangerous Beauty" [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Chair Yoga (AL) [FC] 10:15 Muffins and Mimosas (AL) [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Broccoli For The Brain Answers (AL) [MR] 1:30 Wii Games (AL) [LR] 2:00 Book Club Meeting [CR] 2:00 Canasta [LB] 3:00 Ping Pong (AL) [GR] 4:00 Dinner 4pm-6:30pm [DR] 7:00 Movie Time: "Finding Neverland" [LR]</p>
<p>Veterans Day</p> <p>7:00 Breakfast 7am-9am [DR] 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L] 8:25 Depart to Peace Lutheran Church for drop off only [L] 9:00 Depart for Peoples Church [L] 9:10 Depart for College Community Church Mennonite Brethren [L] 9:15 Catholic Church Service [LR] 9:15 Pokeno [LB] 9:55 Depart for Westminster Presbyterian Church [L] 10:00 Special Outing: Depart for Fresno Veteran Day Parade [L] 10:30 Protestant Church Service [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Depart to Fashion Fair Mall [L] 1:00 Jig Saw Puzzle [GR] 2:00 Canasta [LB] 3:00 Scrabble [MR] 3:30 Chair Yoga (AL) [FC] 3:45 Mennonite Youth Choir [LR] 4:00 Dinner 4pm-6:30pm [DR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm 1:00pm-3:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:00 Men's Fellowship [LB] 9:30 Star Fitness [FC] 10:00 Hangman [LR] 10:30 Shuffleboard [CY] 11:00 Lunch 11am-1pm [DR] 1:00 Bananagrams [LR] 1:00 Knit Wits: Knitting with friends (AL) [CR] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Scattergories [LR] 2:30 Around the World with Debora Lee Travelers Class [LR] 2:30 Pinochle Card Game [CR] 3:00 Community Gardening with Shay [TS] 3:00 Trips and Tours Activity Forum [GR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 1940's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the 1940's. [LR] 6:30 Private Meeting in Session [LB] 7:00 Movie Time: Vote in person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:00 Private Meeting In Session from 9am till 4pm [TS] 9:30 Thera Band Exercise [FC] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:30 Bingo (AL) [DR] 2:00 Depart for Willow & Nees Shopping, please arrive 15 minutes early. [L] 2:00 Phase 10 Card Game [LB] 3:00 Ping Pong [GR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Bingo Night [LR] 6:15 Mexican Train Dominoes [LB] 7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-10:30am</p> <p>7:00 Breakfast 7am-9am [DR] 9:00 Pop Up Library by the Local Fresno Library [L] 9:30 Star Fitness [FC] 10:00 Words of Life Bible Time [LB] 10:00 Computer and Cellphone Assistance [CR] 11:00 Lunch 11am-1pm [DR] 1:00 Blackjack (AL) [LB] 2:00 Canasta [LB] 2:30 Recycle Time: place your recycling outside your doors 3:00 Acrylic Canvas Painting (AL) [LR] 3:00 Nail Painting with Shay [TS] 3:45 Broccoli for the Brain [L] 4:00 Dinner 4pm-6:30pm [DR] 5:30 Community Prayer with Shay [TS] 6:30 Book Social with Marian the Librarian [LB] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 10:00 Fire Side Chat w/ Executive Director Patricia Gustin [LR] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Bingo (AL) [DR] 2:00 Depart for Fig Garden Shopping [L] 3:00 Happy Hour with Ed Hull and Friends [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Seated Fitness Class with Shay [LR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 9:30 Bible Study (AL) [LB] 9:30 Star Fitness [FC] 10:30 Shuffleboard [CY] 11:00 Lunch 11am-1pm [DR] 1:00 Canasta [CR] 2:00 Color Me Calm: A relaxation coloring group [TS] 2:00 Depart to Willow/Nees Shopping, Please Arrive 15 Minutes Early [L] 3:00 Acrylic Canvas Painting (AL) [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Fresno City College Piano Recital [LR] 6:00 Friday Night Fun with Shay [LR] 6:15 People's Church Live Performance [L] 7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Chair Yoga (AL) [FC] 10:30 Wii Bowling (AL) [FC] 11:00 Helen Sadoian's 90th Birthday Celebration: Open to anyone who would like to attend from 11am till 2pm 11:00 Lunch 11am-1pm [DR] 1:00 Broccoli For The Brain Answers (AL) [MR] 1:30 Wii Games (AL) [LR] 2:00 Canasta [LB] 2:00 WII Games (AL) [Cancelled] [LR] 3:00 Ping Pong (AL) [GR] 4:00 Dinner 4pm-6:30pm [DR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>
<p>7:00 Breakfast 7am-9am [DR] 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L] 8:25 Depart to Peace Lutheran Church for drop off only [L] 9:00 Depart for Peoples Church [L] 9:10 Depart for College Community Church Mennonite Brethren [L] 9:15 Catholic Church Service [LR] 9:15 Pokeno [LB] 9:55 Depart for Westminster Presbyterian Church [L] 10:30 Protestant Church Service [LR] 11:00 Lunch 11am-1pm [DR] 12:15 Special Outing: Depart for Roger Rockas "Footloose" \$33.00 for show only [L] 1:00 Jig Saw Puzzle [GR] 1:45 Special Outing: Depart for Mennonite Willow Avenue Mennonite Church for a free choir performance from 2:30pm till 3:30pm [L] 2:00 Canasta [LB] 3:00 Scrabble [MR] 3:30 Chair Yoga (AL) [FC] 4:00 Dinner 4pm-6:30pm [DR]</p>	<p>Medical Transportation 8:30am-12:30pm 1:00pm-3:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:00 Men's Fellowship [LB] 9:30 Star Fitness [FC] 10:00 Hangman [LR] 10:30 Shuffleboard [CY] 11:00 Lunch 11am-1pm [DR] 1:00 Bananagrams [LR] 1:00 Knit Wits: Knitting with friends (AL) [CR] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Music Bingo [FC] 2:30 Around the World with Debora Lee Travelers Class [LR] 2:30 Pinochle Card Game [CR] 3:00 Community Gardening with Shay [TS] 4:00 Dinner 4pm-6:30pm [DR] 6:00 1940's Music Lounge. Come sit and enjoy some good old tunes as we play your favorite songs from the 1940's. [LR] 6:30 Private Meeting in Session [LB] 7:00 Movie Time: Vote in person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:30 Bingo (AL) [DR] 2:00 Depart for River Park & Villaggio [L] 2:00 Phase 10 Card Game [LB] 3:00 Life Story: Ben Horner [LR] 3:00 Ping Pong [GR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Alzheimer's Educational Seminar: Presented by Alzheimer's Foundation of Central California Education Research [LR] 6:15 Mexican Train Dominoes [LB] 7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-10:30am</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Star Fitness [FC] 10:00 Words of Life Bible Time [LB] 10:30 Computer and Cellphone Assistance [CR] 11:00 Lunch 11am-1pm [DR] 11:15 Lunch Outing: Imperial Garden Chinese Restaurant [L] 1:00 Blackjack (AL) [LB] 2:00 Canasta [LB] 2:30 Recycle Time: place your recycling outside your doors 3:00 Acrylic Canvas Painting (AL) [LR] 3:00 Nail Painting with Shay [TS] 3:45 Broccoli for the Brain [L] 4:00 Dinner 4pm-6:30pm [DR] 5:30 Community Prayer with Shay [TS] 6:30 Book Social with Marian the Librarian [LB] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>No Medical Transportation Due To Holiday Thanksgiving</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Bingo (AL) [DR] 2:00 Shopping Cancelled (Holiday) [L] 3:00 Happy Hour Cancelled Due to Thanksgiving [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Seated Fitness Class with Shay [LR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 9:30 Bible Study (AL) [LB] 9:30 Star Fitness [FC] 10:30 Shuffleboard [CY] 11:00 Lunch 11am-1pm [DR] 1:00 Canasta [LB] 2:00 Color Me Calm: A relaxation coloring group [TS] 2:00 Depart to Willow/Nees Shopping, Please Arrive 15 Minutes Early [L] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Friday Night Fun with Shay [LR] 7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Chair Yoga (AL) [FC] 10:30 Wii Bowling (AL) [FC] 11:00 Lunch 11am-1pm [DR] 1:00 Broccoli For The Brain Answers (AL) [MR] 1:30 Wii Games (AL) [LR] 2:00 Canasta [LB] 3:00 All Nations Seventh Day Adventist Church: Music and Devotion [L] 3:00 Ping Pong (AL) [GR] 4:00 Dinner 4pm-6:30pm [DR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>
<p>7:00 Breakfast 7am-9am [DR] 8:25 Depart for Woodward Park Church of Christ and River Park Bible Church [L] 8:25 Depart to Peace Lutheran Church for drop off only [L] 9:00 Depart for Peoples Church [L] 9:10 Depart for College Community Church Mennonite Brethren [L] 9:15 Catholic Church Service [LR] 9:15 Pokeno [LB] 9:55 Depart for Westminster Presbyterian Church [L] 10:30 Protestant Church Service [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Depart to Fashion Fair Mall [L] 1:00 Jig Saw Puzzle [GR] 2:00 Canasta [LB] 3:00 Scrabble [MR] 3:30 Chair Yoga (AL) [FC] 4:00 Dinner 4pm-6:30pm [DR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm 1:00pm-3:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:00 Men's Fellowship [LB] 9:30 Podiatrist Visit by Dr. Carl E. Christenson from 9:30am till 11:30am, with a first come first serve order of operation [TS] 9:30 Star Fitness [FC] 10:00 Hangman [LR] 10:30 Shuffleboard [CY] 11:00 Lunch 11am-1pm [DR] 1:00 Bananagrams [LR] 1:00 Knit Wits: Knitting with friends (AL) [CR] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Music Bingo [FC] 2:00 Special Medical Outing: Needle and Medication Drop Off [L] 2:00 Special Outing: Depart for Fire Station #13 to drop off used needles and medication (Please make sure that all items are stored in proper containers) [L] 2:30 Around the World with Debora Lee Travelers Class [LR] 2:30 Pinochle Card Game [CR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:30 Bingo (AL) [DR] 2:00 Depart for River Park & Villaggio [L] 2:00 Phase 10 Card Game [LB] 2:30 All Resident Monthly Birthday Celebration featuring Paul Gaines Country Band [L] 3:00 Ping Pong [GR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Bingo Night [LR] 6:15 Mexican Train Dominoes [LB] 7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-10:30am</p> <p>7:00 Breakfast 7am-9am [DR] 7:45 Special Outing: Depart for River Park Seniors Club: "Live Well & Stay Active" Join us on a walk and free coffee we will return to the Windham by 9:30am [L] 9:30 Star Fitness [FC] 10:00 Words of Life Bible Time [LB] 10:30 Computer and Cellphone Assistance [CR] 11:00 Lunch 11am-1pm [DR] 12:30 Special Outing: Depart for Fresno Veterans Memorial Museum Inc. [L] 1:00 Blackjack (AL) [LB] 2:00 Canasta [LB] 2:30 Recycle Time: place your recycling outside your doors 3:00 Acrylic Canvas Painting (AL) [LR] 3:00 Nail Painting with Shay [TS] 3:45 Broccoli for the Brain [L] 4:00 Dinner 4pm-6:30pm [DR] 5:30 Community Prayer with Shay [TS] 6:30 Book Social with Marian the Librarian [LB] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Thera Band Exercise [FC] 10:00 New Resident Orientation [LR] 10:30 Nintendo Wii Bowling [LR] 11:00 Lunch 11am-1pm [DR] 11:30 New Resident Luncheon [DR] 1:00 Standing & Sitting Tai Chi Fitness with David Ortiz (AL) [FC] 1:15 Bridge from 1:15pm-3:30pm [LB] 1:30 Bingo (AL) [DR] 2:00 Depart for Fig Garden Shopping. Please arrive 15 minutes early. [L] 3:00 Happy Hour with Robert Hoffman with his tribute to Frank Sinatra [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Seated Fitness Class with Shay [LR] 7:00 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Medical Transportation 8:30am-12:30pm</p> <p>7:00 Breakfast 7am-9am [DR] 9:30 Bible Study (AL) [LB] 9:30 Star Fitness [FC] 10:30 Shuffleboard [CY] 11:00 Lunch 11am-1pm [DR] 2:00 Canasta [LB] 2:00 Color Me Calm: A relaxation coloring group [TS] 2:00 Depart for Walmart Herndon and Ingram. Please arrive 15 minutes early. [L] 3:00 Acrylic Canvas Painting (AL) [LR] 4:00 All Resident Association Meeting [LR] 4:00 Dinner 4pm-6:30pm [DR] 6:00 Friday Night Fun with Shay [LR] 7:30 Movie Time: Vote in Person to Pick a Movie [LR]</p>	<p>Location Keys</p> <p>Computer Room CR Court Yard CY Dining Room DR Fitness Center FC Game Room GR Library LB Living Room LR Lobby L Media Room MR The Studio TS</p>